

Solar Energy Cook-Off

Team Recipe Form



Submit 2 copies of each recipe—continue on back as needed.

Submitted by (Team Name): _____

School: _____

Name of Recipe: _____

Approx. cooking time: _____ Type of cooker: _____

Source of recipe: _____

Ingredients (list amount of each—for example: ½ cup chopped onion) Continue on back as needed:

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Directions for cooking (continue on back as needed): _____

List any Florida grown ingredients: _____

List any ingredients that were cooked before arriving at the competition: _____